



Spring 2019 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

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For updates and more information visit www.michigantaichi.com

MONDAY		
No class 5/27		
Royal Oak Recreation (248) 246-3180 Churchill Community Education Center 707 Girard, Royal Oak	Apr 15 – Jun 10 6:30 – 7:30 pm 7:30 – 8:30 pm 8:30 – 9:30 pm	8 weeks Yang Style Tai Chi Chuan 103 Form – <i>Beginners & Continuing</i> ***Brian Yang Style Tai Chi Chuan 103 Form – <i>Continuing</i> Short Staff Form & Long Staff Energy Training – <i>Continuing</i>
TUESDAY		
No class 5/28		
Royal Oak Recreation (248) 246-3180 Salter Community Center 1545 E Lincoln Ave, Royal Oak	Apr 9 – Jun 18 10:30 – 11:15 am	10 weeks Chen Style Silk Reeling & Laojia Yilu – <i>Continuing</i>
Oak Park Senior Community Center (248) 691-7577 14300 Oak Park Boulevard	Mar 19 – May 7 May 14 – Jul 9 10 am – 10:45 am 11:30 am – 12:15 pm	8 weeks 8 Weeks Yang Style Tai Chi Chuan 103 Form – <i>Beginners</i> ***Holly Yang Style Tai Chi Chuan 103 Form, Section 2 – <i>Continuing</i>
WEDNESDAY		
No class 5/29		
Bloomfield Township Senior Services (248)723-3500 Greater Bloomfield Senior Association 4315 Andover Rd-Bloomfield Hills	Mar 6 – Apr 10 Apr 17 – May 22 9:40 – 10:25 am 10:30 – 11:15 am	6 weeks 6 weeks Yang Style Tai Chi Chuan 103 Form, Section 1 – <i>Beginners</i> Yang Style Tai Chi Chuan 103 Form, Section 2 – <i>Continuing</i>
Utica Community Schools (586) 797-6900 Burr Elementary 41460 Ryan, Sterling Heights	Apr 24 – Jun 5 6:30 – 7:30 pm 7:30 – 8:30 pm	6 weeks Yang Style Tai Chi Chuan – <i>Beginners</i> ***Brian Yang Style Tai Chi Chuan 103 Form and 8 energies
THURSDAY		
No class 5/23 pm (Push Hands), 5/30		
Royal Oak Recreation (248) 246-3180 Royal Oak Senior Community Center 3500 Marais Ave, Royal Oak	Apr 11 – Jun 20 9:15 – 10:00 am	10 weeks Chen Style Tai Chi Chuan Laojia Yilu – <i>Beginners & Continuing</i>
Royal Oak Recreation (248) 246-3180 Churchill Community Education Center 707 Girard, Royal Oak	Apr 11 – Jun 13 6:30 – 7:30 pm 7:30 – 8:30 pm	8 weeks Push Hands Basic Circles ***Brian Yang Style Push Hands (8 Energies & Tai Chi Ruler) <i>Note: Must know push hands circles and all changes</i>
SATURDAY		
No class 3/30, 4/6, 5/25		
West Bloomfield Parks & Recreation (248) 451-1900 NEW LOCATION: Drake Sports Park 6801 Drake Rd West Bloom field	Mar 9 – Apr 20 May 4 – Jun 8 9:00 am – 10:00 am 10:00 am – 11:00 am 11:00 am – 12:00 pm	5 weeks 5 weeks Yang Style Tai Chi Chuan, Section 1 – <i>Beginners</i> Yang Style Tai Chi Chuan, Section 2 & 3 – <i>Continuing</i> Yang Style Tai Chi Chuan, Section 3 & Applications

WORLD TAI CHI DAY

Saturday, April 27

10 – 12noon

Keller Elementary – Royal Oak



SPECIAL EVENTS



GRANDMASTER YANG JUN

Aug 31 – Sep 4, 2019

Hand Form, Sword & Push Hands

Salter Center, Royal Oak